**Uitslagen Kastelenloop 2019**

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| LG Hengevelde/Wegdam  Trio team mix | |  | |
| afstand |  | | 1.33.34 |
| 7 km | Theo Wegdam | | 30.35 |
| 9 km | Paul Wegdam | | 37.12 |
| 5 km | Ellen Gering-Wegdam | | 25.57 |

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| Bas Franke | |  | |
| afstand | 21 km | | 1.43.42 |

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| LG Hengevelde/Eijsink  Trio team heren | |  | |
| afstand |  | | 1.50.29 |
| 7 km | Rene Eijsink | | 35.45 |
| 9 km | Jurgen Eijsink | | 43.21 |
| 5 km | Chantal Eijsink | | 30.32 |

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| LG Hengevelde/12  Trio team duo | |  | |
| afstand |  | | 1.52.25 |
| 7 km | Wilfried Hartgerink | | 35.55 |
| 9 km | Wilfried Hartgerink | | 50.26 |
| 5 km | Anouk Wentink | | 25.06 |

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| LG Hengevelde/team 8  Trio team mix | |  | |
| afstand |  | | 1.54.22 |
| 7 km | Richard Morskieft | | 34.17 |
| 9 km | Jos Groothuis | | 47.31 |
| 5 km | Sharon Bouwman | | 32.34 |

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| LG Hengevelde/Nijhuis  Trio team mix | |  | |
| afstand |  | | 1.54.40 |
| 7 km | Marcel Nijhuis | | 35.56 |
| 9 km | Linda Klein Snakenborg-Nijhuis | | 47.24 |
| 5 km | Helen Nijhuis | | 30.23 |

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| LG Hengevelde/9  Trio team      mix | |  | |
| afstand |  | | 1.58.54 |
| 7 km | Anouk Assink | | 45.04 |
| 9 km | Wilco Vehof | | 43.05 |
| 5 km | Marieke Ros | | 29.53 |

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| LG Hengevelde/11  Trio team mix | |  | |
| afstand |  | | 2.01.19 |
| 7 km | Judith Grefte | | 40.05 |
| 9 km | Herbert Schonenborg | | 42.32 |
| 5 km | Marian Wegdam | | 37.45 |

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| LG Hengevelde/6  Duo team mix | |  | |
| afstand |  | | 2.01.19 |
| 7 km | Denise Jannink | | 36.05 |
| 9 km | Jurgen Bos | | 46.33 |
| 5 km | Jeanet Koenderink | | 37.45 |

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| LG Hengevelde/7  Trio team mix | |  | |
| afstand |  | | 2.01.42 |
| 7 km | Gerdie Rotink | | 45.21 |
| 9 km | Henk ten thije Boonkamp | | 44.25 |
| 5 km | Sandra Kruders | | 30.52 |

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| LG Hengevelde/10  Trio team dames | |  | |
| afstand |  | | 02.02.58 |
| 7 km | Anita Katier | | 45.06 |
| 9 km | Lieke Scholten | | 44.34 |
| 5 km | Karin Brummelhuis | | 32.25 |

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| LG Hengevelde/4  Trio team mix | |  | |
| afstand |  | | 2.03.46 |
| 7 km | Laura Foks | | 42.58 |
| 9 km | Maurice Arnoldy | | 52.47 |
| 5 km | Eva Arnoldy | | 26.51 |

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| LG Hengevelde/5  Trio team mix | |  | |
| afstand |  | | 2.04.11 |
| 7 km | Marieke Bake | | 38.19 |
| 9 km | Inge Tuinte | | 58.16 |
| 5 km | Rick Wegdam | | 26.29 |