**Uitslagen Kastelenloop 2019**

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| LG Hengevelde/WegdamTrio team mix |  |
| afstand |  | 1.33.34 |
| 7 km | Theo Wegdam | 30.35 |
| 9 km | Paul Wegdam | 37.12 |
| 5 km | Ellen Gering-Wegdam | 25.57 |

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| Bas Franke |  |
| afstand | 21 km | 1.43.42 |

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| LG Hengevelde/EijsinkTrio team heren |  |
| afstand |  | 1.50.29 |
| 7 km | Rene Eijsink | 35.45 |
| 9 km | Jurgen Eijsink | 43.21 |
| 5 km | Chantal Eijsink | 30.32 |

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| LG Hengevelde/12Trio team duo |  |
| afstand |  | 1.52.25 |
| 7 km | Wilfried Hartgerink | 35.55 |
| 9 km | Wilfried Hartgerink | 50.26 |
| 5 km | Anouk Wentink | 25.06 |

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| LG Hengevelde/team 8Trio team mix |  |
| afstand |  | 1.54.22 |
| 7 km | Richard Morskieft | 34.17 |
| 9 km | Jos Groothuis | 47.31 |
| 5 km | Sharon Bouwman | 32.34 |

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| LG Hengevelde/NijhuisTrio team mix |  |
| afstand |  | 1.54.40 |
| 7 km | Marcel Nijhuis | 35.56 |
| 9 km | Linda Klein Snakenborg-Nijhuis | 47.24 |
| 5 km | Helen Nijhuis | 30.23 |

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| LG Hengevelde/9Trio team      mix |  |
| afstand |  | 1.58.54 |
| 7 km | Anouk Assink | 45.04 |
| 9 km | Wilco Vehof | 43.05 |
| 5 km | Marieke Ros | 29.53 |

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| LG Hengevelde/11Trio team mix |  |
| afstand |  | 2.01.19 |
| 7 km | Judith Grefte | 40.05 |
| 9 km | Herbert Schonenborg | 42.32 |
| 5 km | Marian Wegdam | 37.45 |

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| LG Hengevelde/6Duo team mix |  |
| afstand |  | 2.01.19 |
| 7 km | Denise Jannink | 36.05 |
| 9 km | Jurgen Bos | 46.33 |
| 5 km | Jeanet Koenderink | 37.45 |

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| LG Hengevelde/7Trio team mix |  |
| afstand |  | 2.01.42 |
| 7 km | Gerdie Rotink | 45.21 |
| 9 km | Henk ten thije Boonkamp | 44.25 |
| 5 km | Sandra Kruders | 30.52 |

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| LG Hengevelde/10Trio team dames |  |
| afstand |  | 02.02.58 |
| 7 km | Anita Katier | 45.06 |
| 9 km | Lieke Scholten | 44.34 |
| 5 km | Karin Brummelhuis | 32.25 |

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| LG Hengevelde/4Trio team mix |  |
| afstand |  | 2.03.46 |
| 7 km | Laura Foks | 42.58 |
| 9 km | Maurice Arnoldy | 52.47 |
| 5 km | Eva Arnoldy | 26.51 |

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| LG Hengevelde/5Trio team mix |  |
| afstand |  | 2.04.11 |
| 7 km | Marieke Bake | 38.19 |
| 9 km | Inge Tuinte | 58.16 |
| 5 km | Rick Wegdam | 26.29 |